

Working in a medical institution

Vocabulary

Ex. 1. Match the words with their Russian equivalents.

1. nourishment	a. ВЫВОДИТЬ
2. blink	b. моргать
3. palm	c. туловище
4. kidney	d. ладонь
5. invertebrate	e. почка
6. heredity	f. наследственность
7. excrete	g. питание
8. vital	h. беспозвоночное
9. joint	i. сустав
10. trunk	j. жизненно важный

Ex. 2. Complete the sentences with the given words.

perspiration, carbon, non-living, mammal, behaviour, infant's, bone, make up, fluid, cell

During intense exercise, the body releases _____ (1) to cool itself down.

A dolphin is a fascinating _____ (2) that lives in the ocean and breathes air.

Rocks and minerals are examples of _____ (3) things found in nature.

Each human body is made up of millions of tiny _____ (4) structures working together.

Animal _____ (5) can be influenced by their environment and social groups.

The human skeleton has many _____ (6) types that provide support and protection.

Blood is a vital _____ (7) that transports essential nutrients throughout the body.

In plants, _____ (8) dioxide plays a crucial role in the process of photosynthesis.

An _____ (9) brain develops rapidly, especially during the first few years of life.

Living organisms _____ (10) ecosystems that interact with each other and their surroundings.

Grammar

Ex. 1. Make the nouns plural.

1. adult
2. box
3. fat
4. match
5. organ

Ex. 2. Open the brackets changing the form of the words.

1. Carbon (be) found in many things, including the air we breathe.
2. A joint (connect) two bones and helps them move easily.
3. Eating too much fat can make your heart and body condition (bad).
4. The gut (help) digest food after you eat breakfast or lunch.
5. The heart (be) a vital organ that pumps blood through the body.

Ex. 3. Write these verbs in the past forms.

1. Find
2. Keep
3. Leave
4. Move
5. Pump
6. Produce
7. Require

Reading

Ex. 1. Read the text.

Working in medicine often comes with high expectations and significant responsibility. One of the cons is the long hours that medical professionals must work. This often leads to fatigue and burnout, which can affect both their personal and professional lives. Another downside is the emotional stress. Dealing with life-and-death situations regularly

takes an emotional toll. Doctors and nurses frequently have to make quick, high-stakes decisions that can impact patients' lives profoundly.

Moreover, the extensive education and training required to work in medicine are both time-consuming and expensive. Many professionals graduate with massive student debt, which can take years to pay off. Additionally, the field is extremely demanding, leaving little time for social activities or family life. There's also the constant need to stay updated with the latest medical advancements, which requires ongoing education and can be mentally exhausting.

Moreover, the work environment can also be quite stressful. Hospitals and clinics are often under pressure, and employees have to work quickly and efficiently. This can lead to a stressful atmosphere, making it hard to maintain a positive mindset. Overall, while medicine is a fulfilling career for many, it's important to consider these significant challenges.

Ex. 2. Answer the questions.

1. What are some of the cons of working in medicine?
2. How do long hours affect medical professionals?
3. Why does dealing with life-and-death situations regularly take an emotional toll on doctors and nurses?
4. What challenges come with the extensive education and training required for a career in medicine?
5. How does the demanding nature of the field impact social activities and family life?
6. Why is it important for medical professionals to stay updated with the latest medical advancements?
7. How does the stressful work environment in hospitals and clinics affect employees?