



NENETS AUTONOMOUS DISTRICT

The Nenets Autonomous Okrug (NAO) is a region in the north of the European part of Russia, part of the Arkhangelsk region. It is part of the Northwestern Federal District and the Northern Economic district. Territory The NAO is completely included in the Arctic Zone of the Russian Federation. The region was historically inhabited by Nenets, Komi-Permyaks, Komi-Zyryans, Pomors and other small nationalities.



GEOGRAPHICAL POSITION

The Nenets Autonomous Okrug is located in the north of the East European Plain, almost completely beyond the Arctic Circle. It includes the islands of Kolguev and Vaigach. It is washed by the White, Barents and Kara Seas. It borders the Komi Republic in the south, the Arkhangelsk Region in the southwest, and the Yamalo-Nenets Autonomous Okrug in the northeast. The coastline is strongly indented, the largest bays (lips) are Mezen, Czech, Pechora, Khaypudyrskaya, peninsulas - Kaninsky, Yugorsky. In the extreme northeast (Yugra Peninsula) there is the Pai-Hoi ridge (height up to 423 m, Mount Morea-Iz is the highest point in North America). The northern part of the territory is located in the zone of continuous permafrost distribution; in the southwest, permafrost has an island distribution.

SYMBOLS, DAY



The coat of arms of the Nenets Autonomous Okrug symbolizes the state and legal status of a subject of the Russian Federation and reflects the identity and traditions of the Nenets Autonomous Okrug. The coat of arms uses three colors: silver, green and azure. They symbolize the harmony of the three elements: sky (silver), earth (green) and water (azure). The tournament is designed in the form of a proposal pattern that reflects the characteristic features of the traditional way of life of the local population.

The flag is a panel with an aspect ratio of 2:3, divided horizontally into three unequal stripes: white, blue and green. At the top, the blue stripe is limited by an ornament that is traditional in the culture of the peoples of the North.

Date: July 15th

Capital: Naryan-Mar

NATURAL RESOURCES AND CLIMATE

The Nenets Autonomous Okrug is one of the largest oil and gas regions in Russia, with giant oil and natural gas fields located here. The district is also rich in reserves of coal, precious and rare earth metals, as well as forest and marine biological resources. The leading sectors of the economy are the extraction and processing of oil and gas, the fishing industry and reindeer husbandry.

The Nenets Autonomous Okrug belongs to the regions of the Far North. The climate is subarctic everywhere, turning into a temperate marine on the coast: the average temperature in January is from -3°C on the coast to -22°C in the southeast, the average temperature in July is from $+8^{\circ}\text{C}$ on the coast to $+16^{\circ}\text{C}$ in the south. The amount of precipitation is about 350 mm per year. At least 30% of precipitation falls in the form of snow, and permafrost is also present.



POPULATION

There are a lot of people different nationalities. The composition of persons of this nationality among those who indicated their nationality, Russians, Nenets, Ukrainians, Belarusians, Tajiks, Tatars Shamanism and traditional beliefs related to nature play an important role in the life of the Nenets.

The traditional lifestyle of the Nenets is closely related to the breeding of domestic reindeer. The Nenets lead a nomadic lifestyle, moving along with herds of reindeer across the tundra in search of new pastures. The Nenets preserve a rich culture with unique traditions, folklore and national clothes.



ATTRACTIONS



Natural monument «Stone City»



Nizhnepechorsky reserve



Shoinsky
lighthouse