

## MEALS IN THE UK

### 9.1. Vocabulary

*Ex. 1. Match the words to their Russian equivalents.*

|                       |   |
|-----------------------|---|
| 1. bacon              | a. мюсли  |
| 2. basil              | b. доход  |
| 3. cut                | c. базилик  |
| 4. en route           | d. гостиничное обслуживание в цену которого входят размещение и завтрак |
| 5. conquer            | e. завоевать  |
| 6. muesli             | f. заботящийся о здоровье   |
| 7. oregano            | g. по пути  |
| 8. habit              | h. мясоеды  |
| 9. curry              | i. бекон  |
| 10. baked beans       | j. привычка   |
| 11. income            | k. карри  |
| 12. health-conscious  | l. вырезка; филе  |
| 13. bed-and-breakfast | m. круассан   |
| 14. croissant         | n. консервированная белая фасоль в томатном соусе                       |
| 15. beefeaters        | o. орегано  |

*Ex. 2. Match the words to their definitions.*

|                     |   |
|---------------------|---|
| 1. up-market        | a. made from or containing whole grains, such as wheat or oats.   |
| 2. steak and kidney | b. a green sauce made from basil, pine nuts, garlic, olive oil, and parmesan cheese, typically served with pasta. |
| 3. trait            | c. a high-quality steak cut from the short loin of beef, containing both tenderloin and strip steak portions.     |
| 4. pub              | d. a distinguishing characteristic or quality of a person or thing.   |
| 5. preference       | e. to bring something to a person or place, especially by vehicle.  |
| 6. wholemeal        | f. food that is prepared and  |

|                     |  |
|---------------------|--|
|                     | packaged to be eaten elsewhere, usually at home.   |
| 7. to sprinkle      | g. to scatter small drops or particles of something over a surface.                            |
| 8. takeaway         | h. a type of hard, Italian cheese that is often grated and used as a topping for pasta dishes. |
| 9. pesto sauce      | i. a savory pie filled with diced beef steak and kidneys in a rich gravy.                      |
| 10. porterhouse     | j. a place where alcoholic drinks are sold and consumed, often serving food as well.           |
| 11. parmesan cheese | k. a choice or liking for one thing over another.  |
| 12. to deliver      | l. relating to or designed for customers who have a lot of money and enjoy expensive things.   |

*Ex. 3. Translate the sentences from Russian into English. Use the topic vocabulary.*

1. Я люблю есть яйца с беконом на завтрак по субботам.
2. Британцы смогли завоевать многие страны за время своего существования в качестве империи.
3. Я хотел бы попробовать традиционный британский круассан к послеобеденному чаю.
4. Мне нравится пряный вкус карри в индийских и британских блюдах.
5. Не могли бы вы, пожалуйста, отрезать мне кусочек нежного портерхаусного стейка для моего сэндвича?
6. По пути в отель мы заедем в необычную пекарню, чтобы перекусить свежими круассанами на завтрак.
7. Употребление овощей каждый день - хорошая привычка для поддержания здорового образа жизни.

8. После многих лет заботы о своем здоровье она никогда не чувствовала себя лучше.
9. Мой доход не позволяет мне часто обедать вне дома, но мне нравится готовить традиционные британские блюда дома.
10. Я всегда добавляю соус песто в свои макароны для придания им дополнительного аромата.
11. Стейк "портерхаус" в этом ресторане известен своим высоким качеством и вкушением.
12. Она предпочитает острую пищу мягким вкусам.
13. Давайте быстренько перекусим в пабе, прежде чем идти на сегодняшнее шоу.
14. Вы когда-нибудь пробовали пикантный стейк и пирог с почками?
15. Иногда я слишком устаю, чтобы готовить ужин, поэтому мы заказываем еду навынос в нашем любимом ресторане.
16. Ресторан предлагает бесплатную доставку при заказе на сумму свыше 20 долларов.
17. Я люблю посыпать запеченный картофель особыми травами и специями, чтобы сделать его еще вкуснее.
18. Моя двоюродная сестра любит ходить в элитные рестораны по особым случаям.
19. Хлеб из муки грубого помола - более полезный вариант по сравнению с белым хлебом.

## **9.2. Grammar**

*Ex. 1. Ask five types of questions for each sentence.*

1. Kate will go to London next summer.
2. They will eat out tomorrow.
3. We would prefer English tea with milk to coffee.
4. John will go to the pub to meet his friends and have a chat.

5. Mary will cook several national dishes.

*Ex. 2. Make interrogative and negative sentences.*

1. My sister is going to have dinner out.

2. They are going to visit the Tretyakov Gallery.

3. I'm going to spend my summer holidays abroad.

4. We are going to discuss our plans tomorrow.

5. Mother is going to make breakfast at 8.

### **9.3. Reading**

*Ex. 1. Read the text.*

#### **British Cuisine**

British cuisine is the specific set of cooking traditions and practices associated with the United Kingdom. British cuisine has been described as "unfussy dishes made with quality local ingredients, matched with simple sauces to accentuate flavour, rather than disguise it". However, British cuisine has absorbed the cultural influence of those who have settled in Britain, producing many hybrid dishes, such as the Anglo-Indian chicken tikka masala.

#### **Breakfast**

A full English breakfast is a substantial meal which consists of bacon, eggs (fried or poached), fried or grilled tomatoes, fried mushrooms, fried bread or toast with butter, sausages, and baked beans. It may also include black pudding, bubble and squeak, and hash browns. Black pudding is a sausage made from pig's blood, onions, herbs, and spices. Bubble and squeak is a dish made from potatoes and cabbage. Hash browns are deep-fried potato cakes.

#### **Lunch**

Fish and chips is a popular take-away food in Britain. The fish is usually cod or haddock and it is covered in a light batter and deep-fried. It is served with chips (French fries) and salt and vinegar. In London and the south-east of England, pie and mash shops serve traditional pies with

mashed potatoes and green parsley liquor. Pie and mash shops are traditionally decorated with white tiles and mirrors.

### Dinner

Roast beef and Yorkshire pudding is a traditional Sunday dinner. The beef is served with roast potatoes, gravy, and vegetables. Yorkshire pudding is made from a batter of flour, eggs, and milk and it is cooked in a hot oven. Toad-in-the-hole is another traditional dish which consists of sausages in Yorkshire pudding batter. The pudding rises up around the sausages and it is served with gravy and vegetables.

### Afternoon tea

Afternoon tea is a light meal which is taken between 3.30 p.m. and 5 p.m. It consists of tea, sandwiches, scones, and cakes. The sandwiches are usually filled with cucumber, smoked salmon, or egg mayonnaise. Scones are small, lightly sweetened breads which are served with clotted cream and strawberry jam.

### Pubs

The pub is a traditional place to eat and drink in Britain. Pubs serve a wide range of beers (ales, bitters, lagers, and stouts) as well as wines, spirits, and soft drinks. Traditional British dishes include steak and kidney pie, liver and onions, shepherd's pie, and fisherman's pie. A ploughman's lunch is a popular dish which consists of cheese, cold meat, pickles, salad, and bread.

### High tea

High tea is a meal which is eaten in the early evening. It includes hot dishes such as roast beef, lamb chops, and sausages, as well as cold dishes such as ham, salads, and pies. It is served with bread and butter, cake, and a pot of tea.

### Take-away food

There are many take-away restaurants in Britain which deliver food to your home. You can order pizza, curry, Chinese food, and kebabs. Pizza Margherita is a simple pizza which is topped with tomato sauce,

mozzarella cheese, and fresh basil. Chicken tikka masala is a popular curry dish which consists of chicken pieces in a spicy tomato sauce.

*Ex. 2. Answer the questions.*

1. How would you describe British cuisine?
2. What are the components of a full English breakfast?
3. What is black pudding made from?
4. What is fish and chips served with?
5. Describe the traditional Sunday dinner in Britain.
6. What is afternoon tea and what does it typically include?
7. What are some traditional dishes served in British pubs?

#### **9.4. Communication**

*Ex. 1. Make sentences using the following words:*

1. traditional/British/fish
2. popular/British/dishes
3. Sunday/roast/important
4. difference/English/Scottish
5. afternoon/tea/quintessential
6. bangers/mash/classic
7. traditional/Cornish/pasty
8. common/ingredients/cooking
9. full/English/breakfast
10. famous/pudding/dish