

MEAT AND FISH

2.1. Vocabulary

Ex. 1. Match animals and their meat.

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| 1. deer | a) beef |
| 2. pig | b) mutton |
| 3. cow | c) veal |
| 4. young cow | d) pork |
| 5. sheep | e) venison |

Ex. 2. Match the words to their Russian equivalents.

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| 1. kipper | a. судак |
| 2. carp | b. щука |
| 3. perch | c. сельдь |
| 4. plaice | d. копченая рыба |
| 5. sturgeon | e. птица |
| 6. sheat fish | f. окунь |
| 7. cod | g. сом |
| 8. herring | h. осетр |
| 9. pike | i. треска |
| 10. game | j. дичь |
| 11. pike-perch | k. карп |
| 12. bream | l. камбала |
| 13. poultry | m. лещ |

2.2. Grammar

Ex. 1. Make the following nouns the plural, paying attention to the agreement of the article or pronoun.

The plane, a picture, the man, this woman, that girl, a dress, the life, the mouse, that city, a box, the sheep, this child, the tooth, a foot, this shelf, the bus, a bench, a baby.

Ex. 2. Rewrite the sentences in the plural.

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| this is – these are that is – those are it is – they are |
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1. This is a girl.
2. That is not a mouse.
3. Is he an officer?
4. That is not a goose.
5. Is that a sofa?
6. This is not a bus.
7. That is a bookshelf.
8. Is this woman a teacher?
9. Is the window closed?
10. This is not a child.
11. Is this a businessman?
12. It isn't a deer.
13. It is a bad egg.
14. Is this tooth good?
15. That child is a pupil.
16. He is a doctor.
17. This fish is big.
18. It is an ox.
19. That is a box.
20. It is an Englishman.

2.3. Reading

Ex. 1. Read the text.

Russian Cuisine

In Russia, as in any country, there are many dishes made from meat, fish and poultry. People eat different kinds of meat: beef, pork, mutton, veal and venison. Beef is the most popular meat for everyday meals. Pork is also very common, but people don't usually eat it every day. They like sausages, ham, pork pies and roast pork on holidays. Mutton is not so popular. Veal and venison are eaten but not very often. Game is not very popular in Russia.

There are a lot of fish dishes in Russian cuisine. The most popular fish are pike-perch, sturgeon, salmon, herring, kipper, carp, perch, pike and sheat fish. Salted and smoked fish are favourite appetizers in Russia. They serve them with bread, boiled potatoes, onions and dill. Fish soup (ukha) is one of the most famous Russian national dishes. It is made from fresh-water fish. Russians like eating fish with beer or vodka.

Poultry is also very popular. The main poultry meats are chicken and turkey. Chicken is the most popular bird. People cook chicken soup, chicken with mushrooms, chicken with rice, chicken cutlets, grilled chicken and many other dishes. Turkey is usually eaten only on big holidays such as New Year's Day and Christmas. Duck is cooked stuffed with apples, buckwheat or other things. Goose is usually stuffed with apples, cranberries, eggs or rice. Pigeons are cooked with sour cream, onions and apples. Cockerels are cooked roasted or boiled. Cockerel broth is very tasty. Quails are cooked roasted or boiled. Quail eggs are considered to be a delicacy.

Here are some traditional Russian dishes:

1. Borscht – beet soup with cabbage and meat
2. Shchi – cabbage soup with meat
3. Solyanka – thick soup with meat, fish or mushrooms and pickled cucumbers
4. Rassolnik – cucumber soup with meat

5. Okroshka – cold soup with kvass (a fermented drink made from rye bread) or kefir (a fermented milk drink), meat, vegetables and eggs
6. Kasha – porridge made from oats, wheat, buckwheat, rice or semolina
7. Pelmeni – meat dumplings
8. Shashlyk – grilled meat
9. Golubtsy – cabbage rolls stuffed with meat
10. Pirozhki – small pies with different fillings: meat, fish, eggs, potatoes or cabbage

There are also many dishes that came to Russia from other countries: shawarma, sushi, pizza, pasta, curry, etc. People eat them in cafes, restaurants and at home. They are very popular among young people.

Russian cuisine is rich and varied. It has a lot of tasty and healthy dishes. But it's not for vegetarians: there are not many vegetarian dishes in Russian cuisine.

Ex. 2. Answer the questions.

1. What are some of the popular meats eaten in Russia?
2. Which meat is the most popular for everyday meals in Russia?
3. What types of fish are commonly eaten in Russian cuisine?
4. How are salted and smoked fish typically served in Russia?
5. What is one of the most famous Russian national dishes made from fresh-water fish?
6. What are some popular poultry meats in Russian cuisine?
7. When is turkey usually eaten in Russia?
8. How is duck typically cooked in Russian cuisine?
9. What are some traditional Russian dishes?
10. Are there many vegetarian dishes in Russian cuisine?

2.4. Communication

Ex. 1. Make sentences using the given words.

1. Borscht/famous/soup
2. Blini/thin/pancakes
3. Pelmeni/small/dumplings
4. Shashlik/popular/kebab
5. Solyanka/hearty/soup
6. Pirozhki/small/pastries
7. Olivier/traditional/potato
8. Medovik/favorite/dessert
9. Kvass/fermented/drink
10. Syrniki/delicious/cheese

2.5. Writing

Ex. 1. Imagine you are a food blogger writing a review of a restaurant that specializes in dishes from meat or fish. Write a blog post sharing your experience and using the target vocabulary to describe the different dishes you tried.